

Cov-Activité - Implementation and effect of implementing physical activity program among older adults in hospitalized positive covid-19 older adults

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General	
Identification	
Detailed name	Implementation and effect of implementing physical activity program among older adults in hospitalized positive covid-19 older adults
Sign or acronym	Cov-Activité
CNIL registration number, number and date of CPP agreement, AFSSAPS (French Health Products Safety Agency) authorisation	20.04.08.48526
General Aspects	
Medical area	Geriatrics
Study in connection with Covid-19	Yes
Pathology (details)	COVID-19 infection
Keywords	older adults/hospitalisation/COVID-19/physical exercise
Scientific investigator(s) (Contact)	
Name of the director	ROLLAND
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Organization	Toulouse University Hospital
Collaborations	

Participation in projects, networks and consortia	No
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Funding

Funding status	Public
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Details	ARI Flash COVID 2020 Toulouse University Hospital
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Governance of the database

Sponsor(s) or organisation(s) responsible	Toulouse University Hospital
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Organisation status	Public
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Presence of scientific or steering committees	No
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Additional contact

Main features

Type of database

Type of database	Study databases
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Study databases (details)	Cohort study
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Database recruitment is carried out by an intermediary	A selection of health institutions and services
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Database recruitment is made on the basis of:	Another treatment or procedure
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Database recruitment is carried out as part of an interventional study	No
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Additional information regarding sample selection.	- Patient aged 75 years and over - hospitalised due to COVID-19 infection, with positive molecular diagnosis (PCR) or highly probable diagnosis by CT scan - Hospitalised in the Purpan geriatric post-emergency department (Toulouse), Rehabilitation center (Toulouse), geriatric unit (Grenoble), geriatric unit (Guadeloupe)
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Database objective

Main objective	Describe the feasibility of an unsupervised physical activity exercise programme for adults aged
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75 years and over, hospitalised in covid-19 unit

Inclusion criteria	75 years and over COVID-19 positive on molecular diagnosis (PCR) or highly probable diagnosis by CT scan Hospitalised in the geriatric post-emergency department (COVID unit), Rehabilitation Unit (Toulouse), Grenoble geriatric department and Guadeloupe University Hospital Patient able to perform all tests
Population type	
Age	Elderly (65 to 79 years) Great age (80 years and more)
Population covered	Sick population
Pathology	I - Certain infectious and parasitic diseases
Gender	Male Woman
Geography area	National
Detail of the geography area	Toulouse, Grenoble, Guadeloupe
Data collection	
Dates	
Date of first collection (YYYY or MM/YYYY)	2020
Size of the database	
Size of the database (number of individuals)	< 500 individuals
Details of the number of individuals	90
Data	
Database activity	Current data collection
Type of data collected	Clinical data Paraclinical data
Details of collected clinical data	Date of hospital admission, date of unit admission, date of inclusion, date of birth, sexe, marital status: married, single, divorced, widow(er), type of

residence: at home, senior retirement home or accommodation, nursing home, lifestyle: lives alone unassisted, lives alone with professional assistance, lives with spouse, lives with spouse and professional assistance, family carers without professionals assistance, comorbidities: according to Charlson index, multiple medications, weight (kg), height (cm), weight loss: no weight loss, weight loss equivalent to at least 5% body weight in 1 month, weight loss equivalent to at least 10% body weight in 6 months, starvation, diagnostic method for COVID-19 infection: Positive PCR with chest CT scan not supporting the diagnosis or not performed, negative PCR and chest CT scan supporting the diagnosis, positive PCR and chest CT supporting the diagnosis, symptom onset date, respiratory rate per minute at admission, saturation at admission, oxygen per minute, complication related to COVID-19, death during hospitalisation related to COVID-19, death during hospitalisation unrelated to COVID-19, date of inclusion in MATCH, presence of dementia

Paraclinical data (detail)

albumin: in g/L, lymphopenia if $< 1,500/\text{mm}^3$, LDH: $> 250/\text{mm}^3$, presence of DIC: thrombocytopenia, fibrinogen decreased, PT decreased and D-dimer increased

Presence of a biobank

No

Health parameters studied

Health event/morbidity
Quality of life/health perception

Quality of life/perceived health (detail)

fatigue and motivation score, hospital anxiety and depression score, patient satisfaction with the physical exercise programme

Procedures

Data collection method

prospective, by trained personnel

Participant monitoring

No

Followed pathology

Links to administrative sources

No

Promotion and access

Promotion

Access

