

# SU.FOL.OM3 - SU.FOL.OM3 Trial: B-vitamins and N-3 polyunsaturated fatty acids supplementation and risk of recurrence of cardiovascular events

Responsable(s) :Hercberg Serge, Unité de Recherche en Epidémiologie Nutritionnelle (UREN), U557 Inserm / U1125 Inra / Cnam / Université Paris 13 (Sorbonne Paris-Cité)  
Galan Pilar, Unité de Recherche en EPidémiologie Nutritionnelle (UREN), U557 Inserm / U1125 Inra / Cnam / Université Paris 13 (Sorbonne Paris-Cité)

Date de modification : 01/01/2020 | Version : 3 | ID : 3319

## Général

### Identification

Nom détaillé SU.FOL.OM3 Trial: B-vitamins and N-3 polyunsaturated fatty acids supplementation and risk of recurrence of cardiovascular events

Sigle ou acronyme SU.FOL.OM3

Numéro d'enregistrement (ID-RCB ou EUDRACT, CNIL, CPP, etc.) CCPPRB No 1933 -CNIL No 901230

### Thématiques générales

Domaine médical Cardiology

Déterminants de santé Nutrition  
Social and psychosocial factors

Mots-clés cardiovascular diseases, cerebrovascular accident (CVA), randomized trial, secondary prevention

### Responsable(s) scientifique(s)

Nom du responsable Hercberg

Prénom Serge

Adresse UFR SMBH, 74 rue Marcel Cachin, 93017 Bobigny

Téléphone + 33 (0)1 48 38 89 32

Email s.hercberg@uren.smbh.univ-paris13.fr

Laboratoire Unité de Recherche en Epidémiologie Nutritionnelle (UREN), U557 Inserm / U1125 Inra / Cnam / Université Paris 13 (Sorbonne Paris-Cité)

Organisme Inserm, INRA, CNAM

|                    |  |
|--------------------|--|
| Nom du responsable | Galan  |
| Prénom             | Pilar  |
| Adresse            | UFR SMBH, 74 rue Marcel Cachin, 93017 Bobigny  |
| Téléphone          | + 33 (0)1 48 38 89 32  |
| Email              | p.galan@uren.smbh.univ-paris13.fr  |
| Laboratoire        | Unité de Recherche en EPidémiologie Nutritionnelle (UREN), U557 Inserm / U1125 Inra / Cnam / Université Paris 13 (Sorbonne Paris-Cité) |
| Organisme          | Inserm, INRA, CNAM   |

### Collaborations

Participation à des projets, des réseaux, des consortiums Yes

### Financements

Financements Mixed

Précisions Inserm, Ministère de la Recherche, fondation coeurs et artères, Pierre Fabre, Danone, Candia, Eprova

### Gouvernance de la base de données

Organisation(s) responsable(s) ou promoteur Inserm

Statut de l'organisation Secteur Public

Organisation(s) responsable(s) ou promoteur INRA

Statut de l'organisation Secteur Public

Organisation(s) responsable(s) ou promoteur CNAM

Statut de l'organisation Secteur Public

Organisation(s) responsable(s) ou promoteur Université Paris XIII

Statut de l'organisation Secteur Public

Contact(s) supplémentaire(s)

## Caractéristiques

### Type de base de données

Type de base de données Study databases

Base de données issues d'enquêtes, précisions Cohort study

Origine du recrutement des participants A selection of health care professionals  
A selection of health institutions and services

Le recrutement dans la base de données s'effectue dans le cadre d'une étude interventionnelle Yes

Précisions Performed at group level (clusters)

Informations complémentaires concernant la constitution de l'échantillon

Subject inclusion procedure: subjects are recruited through a national network of over 686 clinicians working in hospitals, privately or in cardiovascular rehabilitation centers; these cardiologists, neurologists or internists report to national SU.FOL.OM 3 coordinators all patients who meet the inclusion and exclusion criteria. Then, the patients are contacted by the SU.FOL.OM 3 trial physicians, who shall invite them for an appointment for their definitive inclusion in one of the 166 SU.FOL.OM 3 local centers. During this appointment, the subjects benefit from a blood test so as to determine different biological parameters and take anthropometric measurements; they shall also fill in a dietary questionnaire and receive B vitamins and/or omega 3 supplements in the form of soft capsules made specifically for the trial. Double blind randomized trial: the subjects included are randomly split into four groups, receiving either a combination of B vitamins: folates (in the form of 5-methyl-tetra-hydro-folates) (560 µg/day), vitamin B6 (3 mg/day) and vitamin B12 (20 µg/day) and an "omega 3" placebo, or omega 3 polyunsaturated fatty acids (600 mg/day, in the form of E.P.A./D.H.A. 2 :1) and a "B vitamins" placebo, or the combination of group B vitamins and omega 3 polyunsaturated fatty acids, or an "omega 3" placebo and "B vitamins" placebo.

### Objectif de la base de données

Objectif principal Primary objectives: check the impact of folate (and vitamin B6 or B12) and/or omega 3 supplements in

preventing the recurrence of ischemic disorders in patients with a background of ischemic cardio or cerebrovascular history.

Secondary objective: assess the role of certain genetic mutations in the ability of supplements to reduce the risk of cardiovascular diseases.

#### Critères d'inclusion

Subjects aged between 45 and 80, having presented a myocardial infarction, unstable angina or stroke in the period preceding their inclusion (event occurred at least one month and at the most one year prior to inclusion).

Exclusion criterion: subjects that have to take B12, folic acid or B6 supplements, subjects under methotrexate treatment, subjects suffering from a life-threatening non-cardiovascular disease over the 5 years of the study, severe chronic kidney disease sufferers.

#### Type de population

Age Adulthood (45 to 64 years)  
Elderly (65 to 79 years)

Population concernée Sick population

Sexe Male  
Woman

Champ géographique National

Détail du champ géographique France

#### Collecte

#### Dates

Année du premier recueil 09/2003

Année du dernier recueil 01/2010

#### Taille de la base de données

Taille de la base de données (en nombre d'individus) [1000-10 000[ individuals

Détail du nombre d'individus 2501

#### Données

Activité de la base Data collection completed

|   |   |
|---|---|
| Type de données recueillies                 | Clinical data<br>Declarative data<br>Biological data  |
| Données cliniques, précisions               | Medical registration  |
| Détail des données cliniques recueillies    | Clinical examination upon inclusion and during follow-up (yearly) Information gathered during the clinical examination: blood pressure, clinical examination focused on the disease, anthropometry                              |
| Données déclaratives, précisions            | Paper self-questionnaire  |
| Détail des données déclaratives recueillies | Clinical examination upon inclusion and during follow-up (yearly) Information gathered during the clinical examination: blood pressure, clinical examination focused on the disease, anthropometry                              |
| Données biologiques, précisions             | Blood: plasma homocysteine levels, plasma vitamin B12 levels, plasma pyridoxal phosphate levels, plasma and erythrocyte folate levels, genetic polymorphism of the gene coding for MTHFR, lipid count and blood glucose levels. |
| Existence d'une bibliothèque                | Yes   |
| Contenu de la bibliothèque                  | Serum<br>Plasma<br>Blood cells isolated<br>DNA<br>Others  |
| Détail des éléments conservés               | serum bank, plasma bank, DNA bank, Buffy coat   |
| Paramètres de santé étudiés                 | Health event/morbidity<br>Health event/mortality  |

## Modalités

|                             |   |
|-----------------------------|---|
| Mode de recueil des données | The subjects benefit from annual clinico-biological follow-up from the technicians and physicians in the SU.FOL.OM 3 team. All events concerning the health of the subjects (changes in treatment, hospitalization, surgery, recurrences, death, etc.) are gathered at annual appointments in the SU.FOL.OM 3 local centers or through bi-annual questionnaires; additional information is also obtained through bi-annual questionnaires; and from GPs or consultants who care for the |
|-----------------------------|---|

patients. Data collected by:- self-questionnaire: (1) health events, progression in certain risk factors and lifestyle habits, (2) dietary questionnaire.- clinical examination: blood pressure, clinical examination focused on the disease, anthropometry- information provided by a third party on cardiovascular or neurovascular health events occurring

#### Procédures qualité utilisées

Coherency query during and after entry of computer data. Management of missing data by return to source file or return to patient. Reminders sent out to physicians for follow-up appointments. Reminders sent out to subjects for follow-up appointments. Internal quality audit performed. The patients are informed of what use will be made of their data.

#### Suivi des participants

Yes

#### Appariement avec des sources administratives

No

### Valorisation et accès

#### Valorisation et accès

#### Lien vers le document

<http://www.hal.inserm.fr/SUFOLOM3>

#### Description

List of publications in HAL

#### Lien vers le document

[http://www.ncbi.nlm.nih.gov/pubmed/?term=SU.FOL.OM3+OR+SU-FOL-OM3+OR+SUFOLOM3+OR+23352552\[uid\]+OR+24965307\[uid\]](http://www.ncbi.nlm.nih.gov/pubmed/?term=SU.FOL.OM3+OR+SU-FOL-OM3+OR+SUFOLOM3+OR+23352552[uid]+OR+24965307[uid])

#### Description

List of publications in Pubmed

#### Lien vers le document

<http://www.hal.inserm.fr/SUFOLOM3>

#### Lien vers le document

[http://www.ncbi.nlm.nih.gov/entrez/eutils/erss.cgi?rss\\_guid](http://www.ncbi.nlm.nih.gov/entrez/eutils/erss.cgi?rss_guid)

### Accès

#### Charte d'accès aux données (convention de mise à disposition, format de données et délais de mise à disposition)

Possible use of data by academic teams (contractual conditions)  
Data cannot be used by manufacturers  
Involvement in a cohort network: network of trials on intervention by folates (55 000 SJ au TAL)

#### Accès aux données agrégées

Access on specific project only

